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u/Lopsided\_Scheme\_4927

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u/Lopsided\_Scheme\_4927

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## Why narcissists struggle in bed

Relationships

<https://medium.com/write-a-catalyst/why-narcissists-struggle-in-bed-deddce819794>

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r/TrueNarcissisticAbuse • Has anyone dealt with a covert N partner who had sexual dysfunction?

2 mo. ago

[removed]



1

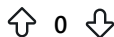
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## Why narcissists struggle in bed

Relationships

<https://medium.com/write-a-catalyst/why-narcissists-struggle-in-bed-deddce819794>

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r/Medium • How many articles do you all post?

**Lopsided\_Scheme\_4927** commented 2 mo. ago

I write in a niche (narcissistic abuse) and I try to post twice a week. I think I'm doing well considering I started end of Feb. My aim though is not making money but mainly raising awareness and help others to feel less alone



2

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I've been added recently too. It might be easier if you are already writing for other publications, like Catharsis Chronicles. You can read about it here: <https://medium.com/write-a-catalyst/write-a-catalyst-a-new-way-to-be-added-as-a-writer-8140213d879e>

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** replied to **dukefrinn** 3 mo. ago

Already very hard if you are well. Impossible if you lost your ability to think critically.

↑ 3 ↓ Reply Share ...



r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** replied to **shityengineer** 3 mo. ago

It would be interesting to know a bit more about it.

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** replied to **Competitive-Fault291** 3 mo. ago

Very well said

↑ 1 ↓ Reply Share ...



r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** replied to **TooLazyToRepost** 3 mo. ago

Exactly the same diagnosis of the person I'm talking about. I don't think ChatGPT is agreeing with him but as it's not challenging either, it's seen as validation and amplification of his beliefs.

↑ 1 ↓ Reply Share ...



r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** replied to **\_Cheila\_** 3 mo. ago

You notice this and you double check with another source because you are grounded in reality and your critical thinking is intact. Now imagine what can happen when that critical thinking is gone and you think you are a visionary changing the world

↑ 2 ↓ Reply Share ...

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I understand your point, but I think you're misreading mine. I have never said that psychosis is untreatable or permanent—just that in the peak of a psychotic state, educational input doesn't land. That's part of what makes it so serious. In those acute moments, reasoning with the person isn't possible. That's the issue I was highlighting, especially in the context of AI interactions.

Also, just to clarify—I'm using the term "psychosis" in its clinical sense. From some of the responses here, it seems like there might be a bit of confusion about what it actually means.

↑ 3 ↓ Reply Share ...



r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **dmrlsn** 3 mo. ago

No one said it's doing anything weird or it is intentionally programmed to harm. Like most things it has unwanted side effects. It is important to flag them, do proper research and tweak it accordingly.

↑ 4 ↓ Reply Share ...



r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **ackbobthedeaf** 3 mo. ago

You're absolutely right, they do. However, ChatGPT can be perceived as an impartial, omniscient validating entity, which is much more powerful than random people's validation.

↑ 1 ↓ Reply Share ...



r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **NerdyIndoorCat** 3 mo. ago

As I wrote several times, ChatGPT and other LLMs can be wonderfully helpful for many. However, they can be equally dangerous for a small minority of people that have lost touch with reality and critical thinking and are not receiving help from mental health professionals

↑ 2 ↓ Reply Share ...



r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) commented 3 mo. ago

No you are not it correctly. If the user had a medical team this would have certainly not happened. He would have not spiralled in this way. As sad as it sounds.

↑ 1 ↓ Reply Share ...

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I think I'm talking about something a bit different from what you're describing. No one mentioned censorship. I work daily with clients to address the roots of mental illness—just like millions of professionals do. I'm pointing to a real issue here that seems to be either underestimated or not fully understood.

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **Character-Extent-155** 3 mo. ago

And it can work great for you and for many people. However, it can be very damaging if you lost touch with reality and critical thinking.

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) commented 3 mo. ago

I think you might be missing the point. I'm talking about actual psychosis, not cognitive distortion or non-linear thinking in the casual sense. These terms get used loosely, but I'm referring to a true psychotic state, which is a very different experience.

↑ 6 ↓ [Reply](#) [Share](#) ...



r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **gameoflife4890** 3 mo. ago

Thank you for sharing this. I agree, the challenge is in that balance: offering support without reinforcing delusions. In some cases, like the one I mentioned, the person isn't being gently guided—they're being pulled deeper into a psychotic world. It's a delicate space and I think you're right that we need more conversation (and mainly research) around therapeutic AI use.

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **KairraAlpha** 3 mo. ago

As I said, I'm not against AI.

However, it is a powerful tool that can become terrifying with a vulnerable person in a psychotic state. Much more validating and delusion-amplifying than any other "outlets" as you call them or tools currently available.

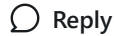
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It is. Very sad



2



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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **Havlrir** 3 mo. ago

The problem is that if you lost touch with reality, you can't freaky know the difference. There is no critical thinking in psychosis



2



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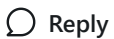
r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **Salindurthas** 3 mo. ago

That's exactly what an AI expert told me! ChatGPT chatting with a person with psychosis might go along like if they were working on fiction...except for this person is a dangerous reality



1



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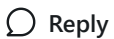
r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **AsturiusMatamoros** 3 mo. ago

That's exactly what I witnessed. I don't think AI is a harmful tool. I believe it can be wonderful but there are side effects and there is a huge one on vulnerable people.



1



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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **benten\_89** 3 mo. ago

You absolutely can if you haven't lost touch either reality and you can reason critically. Unfortunately, this does not apply to someone that is in a psychotic breakdown



1



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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **Freak\_Out\_Bazaar** 3 mo. ago

I believe is a current issue at this stage, hopefully it will change in the future



1



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I'm not saying the problem is AI. However, AI can amplify exponentially an existing issue specific to people in a psychotic mental state in a way that no other current tool could.

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **Jazzlike-Artist-1182** 3 mo. ago

That's exactly the issue, if the user has a severe mental health disorder.

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **NickyTheSpaceBiker** 3 mo. ago

Unfortunately, when someone reaches a delusional psychotic state no education is possible. I think ChatGPT is a wonderful tool for many but there are potential very serious issues that the developers should take into account

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **AI\_Illuminate** 3 mo. ago

Because you are grounded in reality and you are happy to be challenged. Imagine what a powerful tool it can be when someone lost touch with reality and critical thinking...

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **thatGadfly** 3 mo. ago

Thank you for your reply.

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) commented 3 mo. ago

I think you might be missing the point. I'm talking about actual psychosis, not cognitive distortion or non-linear thinking in the casual sense. These terms get used loosely, but I'm referring to a true psychotic state, which is a very different experience.

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Thank you! This is exactly what I witnessed.

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **Funkyman3** 3 mo. ago

I do believe it has the potential to become very helpful in mental health but also at present dangerous for some users in a particular state of mind. When you mention psychosis, are you talking about something diagnosed?

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **scrapadelic** 3 mo. ago

It can be incredibly helpful if you're still grounded in reality. But once you lose that grip, it can become something else entirely.

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **Iforgotmypwrd** 3 mo. ago

Definitely. The person I'm talking about is now giving it a specific prompt to amplify his delusions and suggesting others on the web to do the same. He sees his psychotic state as 'an emerging new reality' and dismisses people that criticises it as just unable to grasp it.

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **dreambotter42069** 3 mo. ago

I'll have a look. It's sad.

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In this specific case, I don't think so. I'm not saying LLMs are inherently dangerous, but I do believe there are serious concerns when it comes to vulnerable individuals. Social media wouldn't have had the same effect here.

With ChatGPT, this person is engaging with something they perceive as an omniscient, impartial being. One that constantly validates their beliefs, tells them they're brilliant, and collaborates with them to "solve" unsolved problems in physics and math. It creates a loop that deeply reinforces their delusion. It's not just confirmation, it's an interaction that feels real and intelligent. That's what makes it uniquely risky in these cases.

I wrote a couple of posts on Medium about this. Sad and scary to watch.



6

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) replied to **Longjumping\_Yak\_9555** 3 mo. ago

It is quite dangerous. Most people might underestimate the implications. The person I mentioned in the post was vulnerable to start with but he's now in a psychotic delusional state. He sees what ChatGPT says as a validation that keeps feeding his delusions that is growing exponentially. Fascinating and terrifying at the same time.



41

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r/ChatGPT • Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

**Lopsided\_Scheme\_4927** [OP](#) commented 3 mo. ago

True, the internet does create echo chambers. But with ChatGPT, it's not about finding others, it's about an apparently neutral system mirroring your belief back to you.

For someone in a delusional state, that can feel like objective validation, not just shared opinion. That's what makes it uniquely risky.



4

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r/ChatGPT • 3 mo. ago

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## Has anyone noticed how ChatGPT can reinforce delusions in vulnerable users?

I'm a psychologist, and I've recently been reflecting on how tools like ChatGPT can unintentionally amplify delusional thinking, especially in people experiencing psychosis or narcissistic grandiosity. AI mirrors the input it receives. It doesn't challenge distorted beliefs, especially if prompted in specific ways. I've seen people use...

Other



368



286

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Hello, new here! <https://medium.com/@elena.byron> I recently joined Medium after ending an abusive relationship and write about narcissistic abuse. I'm a survivor and also a psychologist, which gives me a dual perspective that I try to integrate in my writing. Thanks for the opportunity to share my work.

↑ 1 ↓ Reply Share ...

**18** r/NarcissisticAbuse • 4 mo. ago

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**18** NSFW

## Writing about my experience with narcissistic abuse is helping me heal

[removed]

Gaining new perspectives

Sorry, this post has been removed by the moderators of r/NarcissisticAbuse.

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**18** r/NarcissisticAbuse • When did you start using dating apps again after leaving the narc?

**Lopsided\_Scheme\_4927** commented 4 mo. ago

I think personally it will take me a year or so to be able to fully reprocess the damage and grieve the loss of what I thought it could be (in my head more than in reality). I have to make sure that my rational self that knows I made the best choice, and my emotional self that craves connection get fully aligned... It will take some time.

↑ 16 ↓ Reply Share ...

**18** r/NarcissisticAbuse • First ever solo trip!

**Lopsided\_Scheme\_4927** commented 4 mo. ago

Well done! It's wonderful and empowering!

↑ 2 ↓ Reply Share ...

**18** r/NarcissisticAbuse • They are aware of what they did to you, that's why they hoover you. They know, they just don't care.

**Lopsided\_Scheme\_4927** commented 4 mo. ago

Very true! Until they discard you again if they manage to hoover you back.

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**18** r/NarcissisticAbuse • 4 mo. ago

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Sharing resources



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1

2

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r/family\_of\_bipolar • Looking for insight: bipolar psychosis

**Lopsided\_Scheme\_4927** replied to **CowLongjumping3323** 4 mo. ago

Sorry to hear what you went through. I guess some boredom can be a nice change after what you experienced!

1

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18

r/NarcissisticAbuse • Did you notice this, the empty soul

**Lopsided\_Scheme\_4927** commented 4 mo. ago

Exactly how you describe it. My ex, behind the image he wanted to build, was just a completely empty soul. No emotions, no depth. Nothing. Quite sad and scary

14

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18

r/NarcissisticAbuse • Do you think your narcissist is DL?

**Lopsided\_Scheme\_4927** commented 4 mo. ago

Wow! In my case, I'm not sure how to answer, but after I broke up with him, at least five different people that knew him from before we met (even as a child) told me that they always thought he was gay. Also, he used to make homophobic jokes and I'd get very angry as it is completely horrifying and inappropriate but obviously he was always right no matter what...

9

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r/family\_of\_bipolar • Looking for insight: bipolar psychosis

**Lopsided\_Scheme\_4927** replied to **angelgirl3000** 4 mo. ago

The real problem with my ex is that there might be a narcissistic personality disorder on top of the bipolar that makes it very difficult for him to ask for help, even when he's not in a manic phase and make him very cruel and abusive regardless of mood shifts. So loving him even from a distance is impossible with the abuse I went through. The only way was to leave and save myself. I'm writing about it on Medium, if you would like to read and have an idea of the extent of the problem, I can send you the link, if it's allowed.

1

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In his family also they enable him. They are so ashamed to admit that is mentally ill, that they prefer to patch up his financial and other disasters. And he's so manipulative that when he's not actively psychotic, he just twists reality around and if people are not very close they fall for his lies

↑ 1 ↓ Reply Share ...

**r/BipolarSOrecovery** • Looking for insight: bipolar psychosis

**Lopsided\_Scheme\_4927** replied to **Moist\_Equipment\_6716** 4 mo. ago

I think it's a very very good point! Our exes are not going to show any remorse for what they have done, even when mania ends. It's hard to deal with that

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**r/NarcissisticAbuse** • Looking for insight: NPD + BD

**Lopsided\_Scheme\_4927** replied to **dnginsde90** 4 mo. ago

Hope you can get out soon! You certainly deserve a partner that is capable of real love

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**r/NarcissisticAbuse** • 4 mo. ago

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**18 NSFW**

## Looking for insight: NPD + BD

Recently, I got out of a 1.5-year relationship. We were long-distance, which made everything more complicated and took longer for me to fully understand what was happening. I had known this guy 25 years ago—back then, he was fun and lively. We lost touch for a long time, then reconnected a couple of years ago when he was 50. Earl...

Acceptance

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**r/family\_of\_bipolar** • Looking for insight: bipolar psychosis

**Lopsided\_Scheme\_4927** replied to **CowLongjumping3323** 4 mo. ago

He had narcissistic traits (probably more of a full NPD) all throughout our relationship, so way before the 'manic phase' post-breakup started. In hindsight, he had delusional ideas before mania too. He would never be critical of his own reality-detached ideas of changing the world and people. That's why co-morbid NPD with BD seems possible but BD doesn't fully explain the psychotic symptoms he has and I wonder if it could be schizoaffective disorder...or simply as his BD is untreated it can unravel this way? It doesn't matter really what the category is but it's difficult to accept that a human being could act with such a level a cruelty that seemed intentional...

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Thank you ☺☺ I think not many people can relate, which is why I'm trying to find people with similar experiences otherwise it's so isolating. I'm sorry to hear that you went through something similar.

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r/family\_of\_bipolar • 4 mo. ago

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### Looking for insight: bipolar psychosis

Recently, I got out of a 1.5-year relationship. We were long-distance, which made everything more complicated and took longer for me to fully understand what was happening. I had known this guy 25 years ago—back then, he was fun and lively. We lost touch for a long time, then reconnected a couple of years ago when he was 50. Earl...

[Advice / Support](#)

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r/ArtificialSentience • Is AI a risk for people with underlying psychotic disorders?

**Lopsided\_Scheme\_4927** commented 4 mo. ago

Thank you for your post. I'm a clinical psychologist and recently I ended a very complicated and toxic relationship with someone with an untreated BD. After the break up, he started to develop psychotic symptoms. A lot of his delusions are around AI and his interaction with it, projecting emotions on to it and using AI responses as a validation that keeps reinforcing the delusion. Heartbreaking to witness. Happy to engage through DM if you like to discuss any aspect of it

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r/BipolarSOrecovery • 4 mo. ago

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### Looking for insight: bipolar psychosis

Recently, I got out of a 1.5-year relationship. We were long-distance, which made everything more complicated and took longer for me to fully understand what was happening. I had known this guy 25 years ago—back then, he was fun and lively. We lost touch for a long time, then reconnected a couple of years ago when he was 50. Earl...

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r/bipolar • Looking for insight: bipolar psychosis

4 mo. ago

[removed]

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r/schizoaffective • 4 mo. ago

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### Looking for insight: bipolar psychosis

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r/bipolar • 4 mo. ago

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## Looking for insight: bipolar psychosis

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Support/Advice



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3 6 Share

r/NarcissisticAbuse • 4 mo. ago

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NSFW

## How did you get closure inside of you?

I've been in a relationship with a narc for over 1.5 years. I ended it in December. It was really bad as in addition the narcissism, he's likely to have bipolar or schizoaffective disorder. The story was long-distance, so it took longer to identify red flags. He's now lost in his world of delusions, where he's a visionary and reality flipped. He completel...

How to heal?

27 31 Share

r/selflove • [deleted by user]

**Lopsided\_Scheme\_4927** commented 4 mo. ago

I'm sorry you feel this way. It might be just his attachment style or this might be sign that this relationship is not emotionally safe for you. I read an article on Medium tonight about this. If you want to have a look, I might try to find it

1 Reply Share ...

r/NarcissisticAbuse • I Thought Breaking Up Would Free Me. Why Do I Feel So Lost?

**Lopsided\_Scheme\_4927** OP replied to **Yuhuhuuuuu** 4 mo. ago

Thank you ☐ I guess we are really free when what we feel emotionally matches what we know rationally. At the moment, I know leaving was the best choice. However, at times, my emotional part is still missing the idealised 'deep' connection and intense emotions...like an addiction withdrawal...

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Thank you for your support and understanding! Yes, I'm in therapy and hoping to come out stronger on the other side. Some days are easier than others, but grief is a process that takes time.

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**18** r/NarcissisticAbuse • I Thought Breaking Up Would Free Me. Why Do I Feel So Lost?

**Lopsided\_Scheme\_4927** [OP](#) replied to **cinnamon\_oatie** 4 mo. ago

I think you are SO right! ...and this was very unhealthy as in my case is Narc entrenched with another mental health issue but a number of factors (idealisation from the past, a moment of personal vulnerability on my part and long-distance relationship) made it difficult for me to recognise red flags straight away... looking back they were all there from the start

↑ 1 ↓ Reply Share ...

**18** r/NarcissisticAbuse • Spotting red flags early

**Lopsided\_Scheme\_4927** commented 4 mo. ago

It's nice to hear this. Very empowering to see how this really painful experience can be turned into something positive to know ourselves better and move towards fulfilling relationships!

↑ 26 ↓ Reply Share ...

**18** r/NarcissisticAbuse • Navigating relationships after narcissistic abuse

**Lopsided\_Scheme\_4927** commented 4 mo. ago

What you are describing is so real! One of the most difficult things with abusive relationships is not just the relationship itself but how you feel afterwards, how to trust another person, how/where to put boundaries in relationships. I think you said it in your post: your boundaries are important to you and that should be enough to make them valid!

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**18** r/NarcissisticAbuse • 4 mo. ago

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I Thought Breaking Up Would Free Me. Why Do I Feel So Lost?

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How to heal?

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